

Railed Seat and Poverty Micro Adjust Seat Post Install

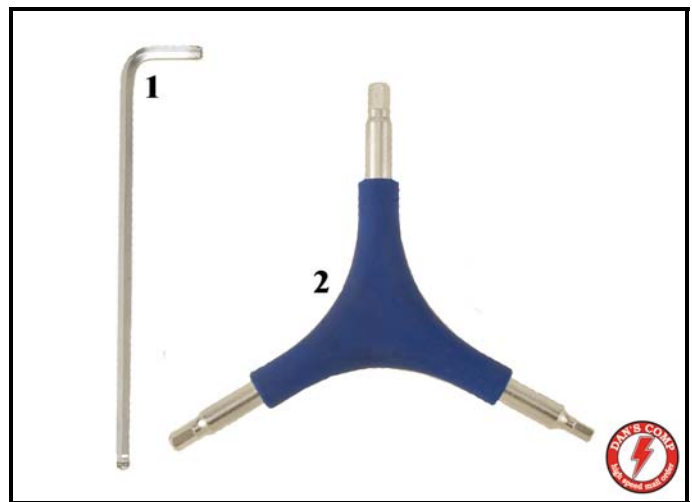


Parts

- A. Railed Seat
- B. Poverty Micro Adjustable Seat Post

Tools Needed

1. 5mm Allen Wrench
2. 3 Way Allen Wrench (4,5 and 6mm)



Preparing the Seat Post

- Remove the bolts holding the seat clamp and seat guts together and place all the parts on your workbench.

These instructions are to be used as a guide only. Improperly installed parts may lead to severe injury or harm. We strongly recommend that a properly trained bike mechanic handle all installations, adjustments and repairs on your bike. As always...Ride Safe!

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Installing the Top Seat Gut

- Turn the seat upside down and set it on the workbench.
- Take the top plate of the seat clamp and hold it upside down in your hand.
- Put the upper seat gut with the rounded side facing down on the top plate. The upper seat gut has the slots for the rails.
- Slide them under the rails and hold them up against the rails.



Installing the Bottom Seat Gut and Seat Post

- Take the bottom seat gut and place it on the rail with the round side facing up.
- Take the seat post and place it on the seat guts.

Installing the Bolts

- One at a time, install the two bolts that hold the seat clamp together.
- Evenly tighten up both bolts on the seat clamp so the seat guts don't slide out. Do not tighten completely.



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Install the Seat Post in the Frame

- With the seat installed on the seat post, tap the front of the seat to move it back or tap the back of the seat to move it forward.
- Install the seat and seat post in your frame to the desired height. Again, do not tighten completely.
- With the seat and seat post installed in the frame, you'll need to set the seat to the desired angle.
- As a Rule of Thumb, align the top of the seat parallel to the top tube of the frame.
- Once you've adjusted the seat angle, completely tighten both of the nuts on the seat clamp.

Last, but not least...

- Standing behind the seat and looking down toward the top tube of the frame, line up the front of the seat with the top tube.
- Tighten your seat post clamp completely.



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